



YOUTH & FAMILY INHALANT PROGRAM (YFIP)

ITEMS TO BRING.....

CLOTHING:

- | | |
|--|---|
| <input type="checkbox"/> Pants-jeans/track pants | <input type="checkbox"/> Shoes/runners |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Slippers |
| <input type="checkbox"/> Sweatshirt | <input type="checkbox"/> Housecoat |
| <input type="checkbox"/> Sweater | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Gym clothes(shorts, t-shirt) |
| <input type="checkbox"/> Underclothing | <input type="checkbox"/> Bathing suit (required) |
| <input type="checkbox"/> Jacket | |

WASHER AND DRYER ARE AVIALABLE FOR USE

SEASONAL:

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Winter coat, snow pants | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Mittens, gloves | <input type="checkbox"/> Hat(toque) |
| <input type="checkbox"/> Winter boots | <input type="checkbox"/> Rubber boots |

TOILETRIES & PERSONAL ITEMS:

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Hairbrush |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Comb |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Female Personal items |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Hand cream (lotion) |
| <input type="checkbox"/> Conditioner | |

DO NOT BRING ANY OF THE FOLLOWING RESTRICTED ITEMS: Aerosols of any type, hairspray, mouth wash, nail polish, polish remover, razor blades, perfumes, matches, lighters and any sharp items or items containing alcohol. No stereo's, personal CD players, cell phones, I-Pods, laptops, electronic games, DVD's, CD's or cameras. No pop or junk food (chocolate bars, candy, chips etc.)

****LUGGAGE IS SEARCHED UPON PROGRAM ENTRY****

If restricted items are found or turned in at program entry the items will be sent home or disposed of immediately.

YOU MAY WISH TO BRING:

- | | |
|--|---|
| <input type="checkbox"/> Favorite stuffed animal | <input type="checkbox"/> Pictures from home(no glass in frames) |
| <input type="checkbox"/> A cuddly blanket | <input type="checkbox"/> Books/ magazines |
| <input type="checkbox"/> Items that will help you share your culture with us | |

**CARE PACKAGES THAT ARE RECEIVED DURING TREATMENT
WILL BE SEARCHED AND
RESTRICTED ITEMS WILL BE DISPOSED OF OR SENT HOME**

Nenqayni Wellness Centre Society Box 2529, Williams Lake, BC V2G 4P2



Youth & Family Inhalant Program



Smoking Restrictions & Reduction Program

RESTRICTIONS

Nenqayni Wellness Centre is a non-smoking facility.

REDUCTION PROGRAM

Youth who currently smoke will be placed on the Nenqayni Wellness Centre Smoking Reduction Program upon arrival. After 3 weeks in the program 1 cigarette is removed and each following three week period 1 cigarette will be removed. Youth participate in an educational workshop in regards to the health risks/ harm caused by smoking. Youth are given support and encouraged to make a healthier lifestyle choice by reducing smoking.

Please review these restrictions and reduction program with the applicant and family.

Mission Statement" To provide holistic healing to First Nations and Inuit youth, families, and communities in a safe and secure environment."



MAP - Where in the world is Nenqayni?

**Nenqayni Wellness Centre
Williams Lake, BC
(250)989-0301
1-888-668-4245
2 Residential Programs
Family Drug & Alcohol Program
Youth & Family Inhalant Program**

Quesnel to Nenqayni 103 km
Williams Lake to Nenqayni 21 km
Prince George to Nenqayni 205 km
100 Mile House to Williams Lake 91 km

